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Children's mental health week 2025

The theme this year is 'Know yourself, Grow yourself'.

We are asking children to create a 'This is Me' style poster. The children could write about themselves, draw pictures to represent who they are and what they love or even make a 3D model of themselves!

Showcase what makes them unique!

Children to bring them in on Friday 7th February to share with their class.

Here are some examples:

